

# August 2018



Picture Caption

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9 Yoga 4:30-5:30	10	11
12	13	14	15 Workshop: Setting the goals 11:00-12:30	16	17	18
19	20	21	22	23 Yoga 4:30-5:30	24	25
26	27	28	29	30	31	

To get started right away, just click any placeholder text (such as this) and start typing to replace it with your own.

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On the Insert tab of the ribbon, just click the option you need.

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