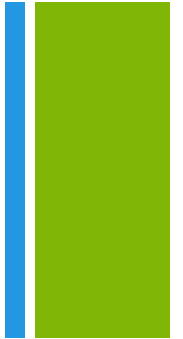


# What is Family Medicine?

UPR Family Medicine Residency

# + What is Family Medicine?

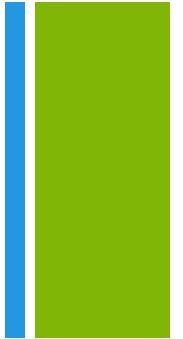


- Is the medical **specialty** which provides **continuing, comprehensive** health care for the **individual and family**.
- The Institute of Medicine defines primary care as "the provision of integrated, accessible health care services by clinicians who are accountable for addressing a large majority of personal health care needs, developing a sustained partnership with patients, and practicing in the context of family and community."





# Scope of Family Medicine



- Family physicians integrate the **biological, clinical and behavioral sciences** to provide continuing and comprehensive health care.
- Family medicine encompasses **all ages, sexes, each organ system and every disease entity**.
- It is the extent to **which this relationship is valued, developed, nurtured and maintained** that distinguishes family medicine from all other specialties.
- Of the primary care specialties family physicians provide the most care - managing nearly 1/4 of all primary care visits.

# + What does it look like?

- Understanding **community-level factors** and **social determinants of health**
- Serving as a **patient's first contact** for health concerns
- Navigating the **health care system with patients**, including specialist and hospital care coordination and follow-up
- Using data and technology to **coordinate services and enhance care**
- Considering **the impact of health on a patient's family**



# **What can I do as Family Medicine Physician?**



# Family Physicians Deliver Care in a variety of settings...



# + Ways that Family Physicians Serve Their Patients:

82% → routinely perform procedures

48% → treat patients in a hospital setting

31% → deliver emergency care

74% → care for infants and children

83% → have hospital privileges

18% → provide OB care

\*American Academy Family Physicians

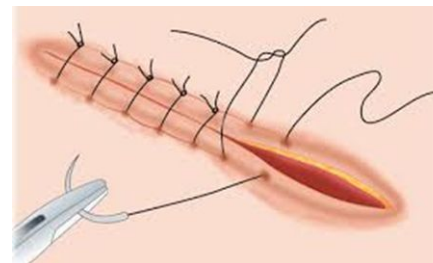
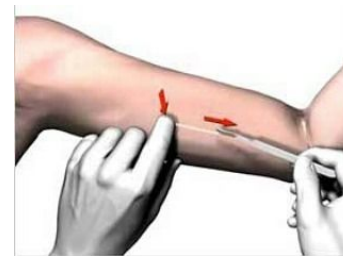
# DO YOU LIKE PROCEDURES???





# + Procedures

- Cervical CA screening / Colposcopy / Endometrial sampling / LEEP
- Family planning, pregnancy terminations and early pregnancy evaluation and management
- Vasectomy
- Musculoskeletal injections, Casting
- Minor Surgery
- Skin procedures
- Suturing lacerations
- Ultrasound imaging
- Spirometry
- Colonoscopy, Endoscopy
- Intra-hospitalary procedures



# + Fellows

Geriatrics\*\*\*

Sport  
Medicine\*\*\*

Adolescent  
Medicine\*\*\*

Sleep  
Medicine\*\*\*

Hospice and  
Palliative  
Medicine\*\*\*

Pain  
Medicine\*\*\*

Hospitalist^

Preventive  
Medicine

Women's  
Health

Rural Health

Clinical  
Informatics\*

Global Health

Integrative  
Medicine

\* ACGME accredited

\*\* AAFP + ABMS accredited

\*\*\* ACGME + AAFP + ABMS

^AAFP+ACP

# + Other fellows

Addiction  
Medicine

HIV

Behavioral  
Science

Emergency  
Medicine

Research

Urgent Care

Medical  
Communications

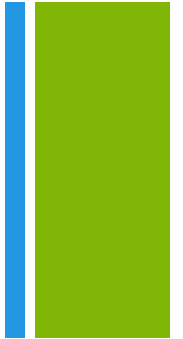
Policy/Advocacy

Wilderness  
Medicine





# Board Certified vs. Certificates



- Adolescent Medicine
- Geriatric Medicine
- Hospice and Palliative Medicine
- Pain Medicine
- Sleep Medicine
- Sports Medicine
- Cosmetics and Aesthetic Medicine  
<http://www.aestheticcosmeticphysicians.org>  
[https://www.aaamed.org/courses\\_cert.php](https://www.aaamed.org/courses_cert.php)
- Anti-aging and Regenerative Medicine  
<http://www.a4m.com>
- Procedural Medicine  
<http://aaopm.com>
- Wound Care / Skin and Wound Specialist  
<https://abwh.net/examination>

# + What to do to become a Family Physician?

## During Medical School: Get Involved

- Groups of Interest (FMIG)
- AAFP Puerto Rico Chapter
- Community Medicine
- Try to schedule elective rotations where the residency is
- Research
- Letters of Recommendations
- CV
- Apply through ERAS \*

....and wait for THE MATCH!!





# **University of Puerto Rico Family Medicine Residency**



## Our mission

- To train and educate family physicians characterized by academic excellence, integrity, humanism, empathy and compassion.
- To encourage self-taught, dedicated and committed physicians, ready to practice independently.
- To instill the necessary medical knowledge required to meet the needs of their patients, while remaining at the forefront of changes in health systems.



# + Program Highlights

- **100%** ABFM Board Passing Rate > than 8 years
- Fully accredited by the ACGME
- Ambulatory Continuity Clinic at a Federally Qualified Center
  - Joint commission accredited Patient Center Medical Home
- Work on Underserved Population
- Special Clinics: Home Visits, Minor Procedure Clinics, Diabetes Clinics, Community Medicine, Behavioral Clinics
- Resident Wellness Days
- Longitudinal Research Curriculum
  - Poster Presentation at Local and National Conferences
- Interactive and Dynamic Didactic Curriculum





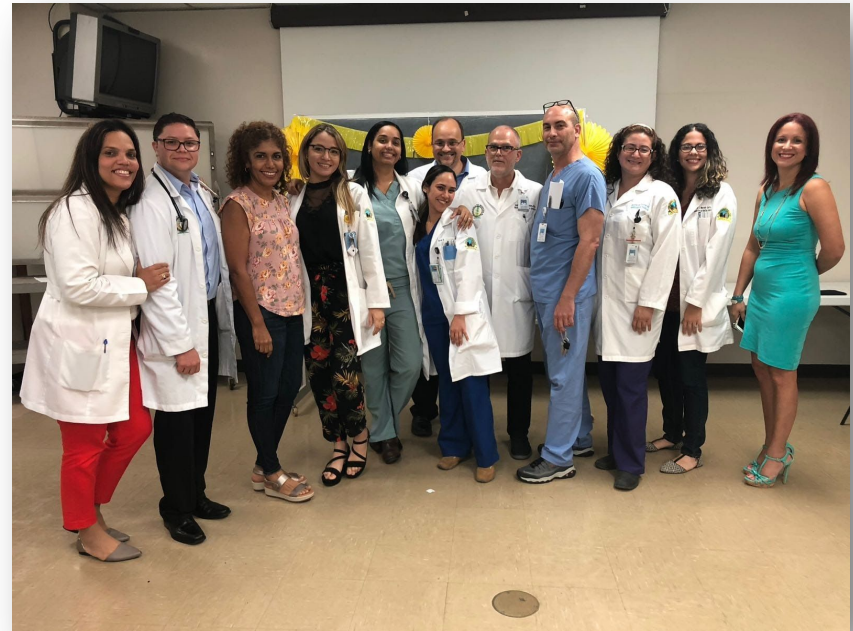
# Admission Requirements



- Complete the National Residency Matching Program (NRMP) application form
- ERAS application form
- Submit official transcript of credits from pre- medical studies and from medical school
- Submit a Dean's letter that must include your academic ranking in terms of the group and personal qualifications
- Submit two letters of recommendation
- Evidence of approval of the USMLE Part 1 and Part 2
- Be fully bilingual in English and Spanish



- As medical resident you will be able to gain knowledge through our diverse, highly qualified teaching staff.
- Our attending physicians have gained additional post residency training certifications in areas such as:
  - Geriatric medicine
  - Sports Medicine
  - Hospital medicine
  - Diabetes management
  - Behavioral sciences
  - Office Procedures
  - Public Health
  - Women's health
  - Esthetic Medicine



# + Curriculum

## First Year

Introductory Month (1 mo)	Family Medicine Ward (3 mo)	Obstetrics / GYN (2 mo)	General Surgery (1 mo)	Pediatrics (2 mo inpatient)	Cardiology (1 Mo inpatient)	Emergency Medicine (1 mo)	Vacation (1 mo)
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# + Curriculum

## Second Year

Family Medicine Ward (2 mo)	Floater (1.5 mo)	Ambulatory Pediatrics (1 mo)	Geriatrics (1 mo)	Office Gyn (1 mo)	Orthopedics (1 mo)	Office Procedures (1 mo)	Vacation (1mo)
Pneumology (1/2 mo)	Nuclear Medicine (1/2 mo)		Dermatology (1/2 mo)		Elective (1/2 mo)	Radiology (1/2mo)	



# + Curriculum

## Third Year

Family Medicine (1 mo)	Sports Medicine (1 mo)	ER Pediatrics (1 mo)	Ambulatory Pediatrics (1 mo)	Neurology (1 mo)	Mental Health and Behavioral science (1 mo)	Electives (3 mo)	Vacation (1 mo)
Ophthalmology (1/2 mo)		Practice Management and Community Medicine (1/2 mo)		Urology (1/2 mo)		ENT (1/2 mo)	



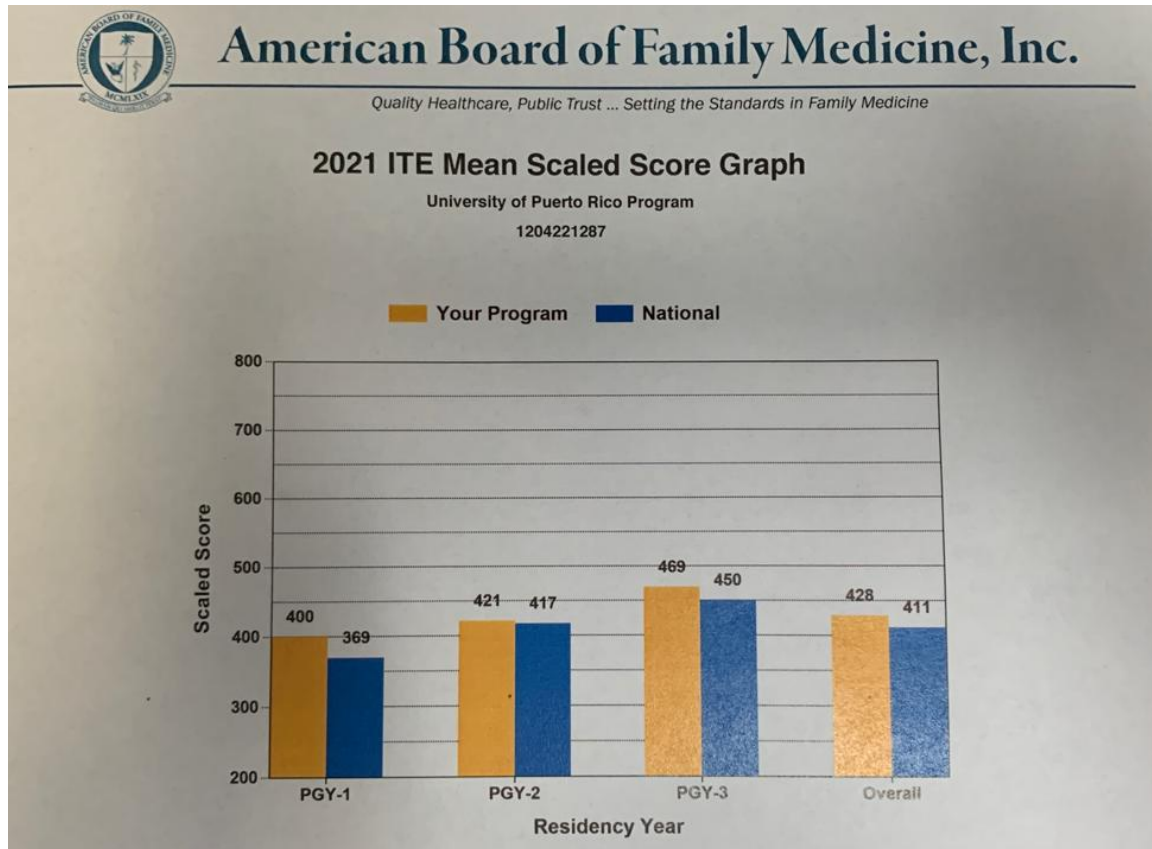
# + Ambulatory Continuity Care Clinics

- PGY1- 1-2 clinic sessions/week (4-6 patients per clinic)
- PGY 2- Average 2-4 clinics sessions/week (8-10 patients per clinic)
- PGY 3- Average of 2-4 clinic sessions/week (9-12 patients per clinic)



**CONCILIO  
DE SALUD  
INTEGRAL  
DE LOIZA, INC.**  
FUNDADO 1972

# + Our Program will prepare you for a career in Family Medicine



# + Other Program Information



**Offered Positions: 8 per PGY level**



**Annual Stipend  
(Tax free)**

**PGY I: 43,333.59**

**PGY II: 43,859.19**

**PGY III: 44,996.55**







## CONTACT INFORMATION

University of PR- Family Medicine Residency Program Concilio  
de Salud Integral de Loíza  
P.O. Box 509 Loíza, PR 00772  
T. (787) 876-7415, (787) 876-7420 Ext. 248

Instagram: uprfamilymed

<http://md.rcm.upr.edu/familymedicine>

Email: [chiefresident.uprfammed@gmail.com](mailto:chiefresident.uprfammed@gmail.com)

# + Get Involved!



■ [www.aafp.org](http://www.aafp.org)

■ [www.amfpr.org](http://www.amfpr.org)



Any questions?





## *Are you ready for Family Medicine?*

This is the medical **specialty** that provides **continuing, comprehensive** health care for the **individual and family**.



Family physicians integrate the **biological, clinical and behavioral sciences** to provide continuing and comprehensive health care.



## *Contact us!*

University of PR- Family Medicine Residency  
Program Concilio de Salud Integral de Loíza  
P.O. Box 509 Loíza, PR 00772



CONCILIO DE SALUD INTEGRAL DE LOÍZA, INC.



HOSPITAL UPR  
Dr. Federico Trilla



**Phone:**

787-876-2042 ext 248

**Email:**

chiefresident.uprfammed@gmail.com

@uprfamilymed



UPR FAMILY MEDICINE RESIDENCY

# *University of Puerto Rico Family Medicine*



# Program Highlights

Our continuity care clinics, known as Concilio de Salud Integral de Loíza, are situated in Loíza, Puerto Rico. We are an integrated primary care organization (Patient Centered Medical Home) that benefits from Federal funds through the Public Health Service Act (section 330). Our clinics consists of a multidisciplinary team of: family physicians, pediatricians, geriatricians, Ob-Gyn specialists, dentists, behavioral and substance abuse specialists, health educators, social workers, nutritionist, HIV specialist and psychologists.

# Residency Benefits

- Fully accredited by ACGME
- Joint Commission accredited PCMH
- 100% ABFM Board Pass Rate for the last 9 years
- Inpatient and outpatient continuity is one of our strengths!
- Our community based continuity care clinics are aimed at treating underserved patient population with a variety of socioeconomic issues
- We pride ourselves in practicing health promotion and disease prevention
- We are affiliated with the University of Puerto Rico Medical Sciences Campus (RCM). It is the largest hospital center in PR, consisting of primary, secondary, tertiary and quaternary medical services.



## We offer 8 PGY-1 levels positions



UPR FAMILY MEDICINE RESIDENCY

# Application Requirements

- Complete the National Residency Matching Program (NRMP) application form
- ERAS application form
- Submit official transcript of credits from pre-medical studies and from medical school
- Submit a Dean's letter that must include your academic ranking in terms of the group and personal qualifications
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- Be fully bilingual in English and Spanish

