

**UNIVERSITY OF PUERTO RICO  
MEDICAL SCIENCES CAMPUS**

**SCHOOL OF MEDICINE**

**DEPARTMENT OF MEDICINE**

**CURRICULUM VITAE**

*NOTE: TO BE SUBMITTED TYPEWRITTEN*

<b>NAME: Nicole Rassi Stella</b>	
<b>OFFICE ADDRESS: N/A</b>	<b>HOME ADDRESS: n/a</b>
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<b>EMAIL (other):</b>	<b>TELEPHONE (office) 787-751-6034</b>

**EDUCATION AND DEGREES (Chronological order)**

<b>COLLEGE OR UNIVERSITY</b>	<b>DEGREE</b>	<b>YEAR OF GRADUATION</b>
1. University of Puerto Rico-Rio Piedras Campus	BS	2005
2.		
3.		
4.		

<b>GRADUATE TRAINING (NAME OF INSTITUTION)</b>	<b>DEGREE</b>	<b>SPECIALTY</b>	<b>YEAR OF GRADUATION</b>
1. University of Puerto Rico Medical Sciences Campus	MD	General Medicine	2009
2.			

**INTERNSHIP - IF APPLICABLE** (Institutions and dates)

INSTITUTION	DATE
1. University District Hospital	2009-2010
2.	
3.	
4.	

**RESIDENCY, FELLOWSHIP OR OTHER POSTGRADUATES TRAINING - IF APPLICABLE**  
(Institutions and dates)

TYPE OF TRAINING	INSTITUTION	DATE	AREA OF STUDY
1. Residency	UPR-RCM	2010-2012	Internal Medicine
2. Fellowship	UPR-RCM	2012-2013	Geriatrics
3.			

**MENTION SPECIALTY OR SUBSPECIALTY IN YOUR PROFESSION**  
(If more than one, add them to list)

1. SPECIALTY: Internal Medicine
2. SUBSPECIALTY: Geriatrics

**LICENSES TO PRACTICE PROFESSION - IF APPLICABLE** (Places, dates and number)

NAME OF INSTITUTION CONFERRING LICENSE/COUNTRY	LICENSE NUMBER	DATE
1. TEM-Puerto Rico	18459	2012
2.		
3.		

**MILITARY SERVICE - IF APPLICABLE** (Type of experience and dates)

EXPERIENCE	DATES
1. N/A	
2.	
3.	
4.	
5.	

**PROFESSIONAL BOARD CERTIFICATION BY SPECIALTY AND SUBSPECIALTY - IF APPLICABLE**  
(Include dates)

BOARD	DATE	EXPIRATION DATE
1. American Board of Internal Medicine	2012	2022
2. American Board of Geriatrics	2013	2023
3.		

**SPECIALTY COLLEGES** (Includes dates of election or appointments)

COLLEGES	DATE OF ELECTION
1.	
2.	
3.	

**HOSPITAL AFFILIATION - IF APPLICABLE** (Nature and dates)

HOSPITAL	DATES
1. University District Hospital	2013-present
2. Hospital Federico Trilla	2013-present
3.	

**PROFESSIONAL EXPERIENCE**

EMPLOYER	POSITION HELD	DATES
1. UPR-RCM	Assistant Professor	2013-present
2. HIMA-San Pablo	Physician	2014-2015
3. Health South	Consultant	2016-2018
4.		
5.		
6.		
7.		
8.		
9.		

**ACADEMIC APPOINTMENTS** (Include all appointments ever held)

RANKS	INSTITUTION	DATES
1. Assistant Professor	UPR-RCM	2013-present
2. Geriatrics Division Interim Chief	UPR-RCM	2019-present
3. Internal Medicine Assistant Program Director/ Quality and Patient Safety	UPR-RCM	2020-present

**OTHERS APPOINTMENTS** (Administrative, Consultative, Others)

TITLE	DATE
1. Internal Medicine Key Faculty	2018-present
2. President of Internal Medicine residency program admissions committee	2020-present
3.	

**HONORS AND AWARDS** (Include dates)

HONORS / AWARDS	DATES
1. Attending of the year	2017
2. Attending of the year	2016
3. Alpha Omega Alpha	2008

**MEMBERSHIP IN PROFESSIONAL OR SCIENTIFIC SOCIETIES/ORGANIZATIONS**

(Include leadership appointments or positions held)

MEMBERSHIP	LEADERSHIP / POSITION HELD	DATES
1. Sociedad de Médicos Graduados, UPRRCM Chapter	Member	2009-present
2. American College of Physicians	Member	2007-present
3. American Geriatrics Society	Member	2012-present
4. Alpha Omega Alpha	Member	2008-present

**TEACHING EXPERIENCES**

TEACHING EXPERIENCES	SUPERVISOR POSITIONS HELD	CATEGORY (Undergraduate, graduate, clinical, others)	DATES
1. Directing the academic component of the geriatrics didactics schedule for the geriatrics fellowship program		Graduate-Fellowship	2013-present
2. Designed an administrative medicine curriculum for internal medicine residents		Graduate-Residency	2017-present
3. Introduction to clinical skills co-director		Graduate-School of Medicine	2021-present
4. Designed a patient safety and quality improvement curriculum for internal medicine residents		Graduate-Residency	2020-present

**RESEARCH EXPERIENCES** (Describe and include the title and year of investigation conducted)

RESEARCH EXPERIENCES (title)	SUBSIDIED (by whom)	DATES	PUBLISHED
1. Quality: Inpatient delirium prevention protocol		2021-present	
2. Quality: Enforcement of a rapid response protocol		2020-2022	
3. Quality: Transitions from OR to ward		2021-present	
4. Quality: Central line associated blood stream infections		2020-present	
5. Quality: Venous thromboembolism prophylaxis		2021-present	
6. Quality: Hands off standardization		2021-present	
7. Quality: Transitions of care from inpatient to outpatient setting		2020-2022	
8. Health maintenance and vaccination status in inflammatory bowel disease population in Puerto Rico.		2010-2012	
9. Record review for the study of serological markers of viral hepatitis in liver transplant patients.		2008-2010	
Ortiz JG, Rassi N, et al. Commercial valerian interactions with [3H] Flunitrazepam and [3H] MK-801 binding to rat synaptic membranes.		2002-2006	Yes

**POSTGRADUATE OR GRADUATE COURSES, SEMINARS AND WORKSHOPS ATTENDED IN THE LAST FIVE YEARS** (Title, place, and dates)

TITLE	PLACE	DATE
1. Ischemic and Hemorrhagic Update: Current Practices and Future Directions	Harvard Medical School-Virtual	2022
2. Principles of Critical Care Medicine for Non-Intensive Care Specialists	Harvard Medical School-Virtual	2021
3. Principles of Medical Education: Maximizing Your Teaching Skills	Harvard Medical School-Virtual	2020
4. ACP convention	New Orleans	2018

5. ACP convention	San Diego	2017
6. 8th Geriatric Symposium	San Juan, PR	January 2017
7. 9th Geriatric Symposium	San Juan, PR	August 2017

**EXTRACURRICULAR ACTIVITIES** (Community activities, special interests, talents, skills and hobbies)

1. Yoga
2. Gardening
3. Den leader Cub Scouts Pack 35 Parkville School
4. Photography

**PARTICIPATION IN SPECIAL COMMITTEES, BOARDS, ACADEMIC SENATE, ADVISORY COUNCIL OR OTHER – IN UPR, OTHER ACADEMIC INSTITUTIONS, IN PUERTO RICO OR ABROAD, IN THE LAST FIVE YEARS** (Names and dates)

NAME	DATES
1. Faculty's secretary	2019-2021
2. Subcomité de Revisión de Competencias Clínicas	2022-presente

**PARTICIPATION IN NATIONAL OR INTERNATIONAL SCIENTIFIC MEETINGS OR SPECIAL LECTURES DURING THE LAST FIVE YEARS**

MEETING	TITLE	PLACE HELD	DATE	PRESENTOR (yes or no)
1. NACET Summit	Alzheimer's Disease: Dementia Overlaps	San Juan, PR	May 5, 2017	Yes
2. NACET Summit	Dementia Overlaps: Alzheimer's Disease	San Juan, PR	May 4 & 5, 2018	Yes
3. 9th Geriatric Symposium	Sensitive Topics in the Elderly	San Juan, PR	August 12, 2017	Yes
4. Internal Medicine	Frailty Syndrome	San Juan, PR	Oct 29, 2019	Yes

Grand Round				
5.				
6.				
7.				

**LEARNING RESOURCES AUTHORED OR CO-AUTHORED**

(Video, tapes, movies, self-study units, others)

TITLE	DATES
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	

**THESIS AND SPECIAL REPORTS**

TITLE	DATES
1.	
2.	
3.	

**BIBLIOGRAPHY**

(Please include all your publications specifying authors, titles, journal, volume, pages and year)

***Example:***

Moe, G.K., Abildskow, J.A., and Mendez, C. An Experimental Study of Concealers Conduction, Amer Heart J 67; 338, 1974.



**PLEASE LIST BOOKS FIRST, THEN FULL ARTICLES AND LAST, ABSTRACTS**

1. Hernandez-Suarez DF, Rodriguez Ruiz C, Malave Sanchez M, Mirabal Arroyo JE, Colon Marquez JS, Jimenez Velazquez IZ, Rassi Stella N, Febles Negron A, Lopez Andales A. Adapt and Evolve: How our Internal Medicine Residency changed in Hurricane Maria. Puerto Rico Health Sciences Journal. Volume 37, number 1, March 2018 2.
2. Ortiz JG, Rassi N, et al. Commercial valerian interactions with [3H] Flunitrazepam and [3H] MK-801 binding to rat synaptic membranes. Phytotherapy Res. 2006 Sept; 20(9):794-8. PMID:16819753
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

**PARTICIPATION IN PROJECTS, PROGRAMS, GRANTS, CONTRACTS**

TITLE OF PROJECT	POSITION HELD	DATE	SOURCE	AMOUNT OF FUNDING (if known)
1.				
2.				
3.				
4.				
5.				
6.				
7.				

**LANGUAGES** (Includes native language, other and level of command)

Indicates level with number:

➤ 1 - Good    2 - Fair    3 - A little    4 - Not at all

COMMAND OF LANGUAGES			
LANGUAGE	SPEAKING	WRITING	COMPREHENSION
SPANISH	1	1	1
ENGLISH	1	1	1
OTHER			
OTHER			
OTHER			

**REFERENCES** (List name, address and email of three persons who have knowledge of your qualifications)

NAME	ADDRESS	EMAIL
1. Dr. Jose Colon		jose.colon33@upr.edu
2. Dr. Arelis Febles		arelis.febles@upr.edu
3. Dr. Ileana Ocasio		ileana.ocasio@upr.edu

**DECLARATION**

I hereby declare that the facts set forth on this Curriculum Vitae are true and complete to the best of my knowledge and by no means have been made as an act of deceiving or misrepresenting.

You are hereby authorized to make any investigation of my personal history.



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SIGNATURE

6/6/2022

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DATE

*Approved by the Medical Sciences Campus Administrative Board in its ordinary meeting on August 25, 2015, as it is stated on the Certification Number 02, 2015-16, JA-RCM.*

NBJ:NJAS:ynr December 2016