

**DR. CHRISTIAN E. SCHENK ALDAHONDO**

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**CURRICULUM VITAE**

**EDUCATION**

**University and Professional Studies**

- 2000-2004      BS, Biology  
                    University of Puerto Rico, Rio Piedras Campus, San Juan, PR
- 2004-2008      MD, Medicine  
                    University of Puerto Rico, Medical Sciences Campus, San Juan, PR

**Post-doctoral Training**

- 2008-2009      Internship in Internal Medicine  
                    8 month Inpatient Ward/ICU/Admitting Service  
                    VA – Caribbean Healthcare Systems, San Juan, PR
- 2008-2012      Residency Training in Neurology  
                    UPR – School of Medicine Affiliated Hospitals  
                    University District Hospital (UDH)  
                    University Pediatric Hospital (HOPU)  
                    San Juan Municipal Hospital (Muni)  
                    VA-Caribbean Healthcare Hospital (VAMC)  
                    HIMA San Pablo – Caguas Hospital (HIMA)  
                    Hospital Cardiovascular de Puerto Rico
- 2012-2013      Fellowship, Behavioral Neurology and Neuropsychiatry  
                    University Hospitals at Case Medical Center, Cleveland, OH

**Formal Teaching of Residents, Clinical Fellows and Peers**

- 2012 –            UPR - Internal Medicine Residency  
                    *Delirium and Dementia. 1.5 hours*
- 2011 –            UPR - Psychiatry Residents  
                    *Neurological Emergencies. 2.5 hours*
- 11-28-2012 - Northern Ohio Academy of Pharmacy (NOAP) members, Cleveland, OH *Alzheimer's Disease Update. 2.0 hours*
- 2013 – UPR – Neurology Residency Attending Physician. *15 hours.*
- 11-3-2013 – Psychiatry Society of Puerto Rico – Annual Meeting  
                    *Neuropsychiatry and Psychogenic Disorders - 1.0 hour*
- 12-11-2013- SEA-MD: Update on Neuropsychiatry, Luquillo PR – *1.0 hour*

03-22-2014- Academia Puertorriqueña de Neurología – Long term outcomes in Neurology,  
San Juan, PR; 1.0 hour

Other Lectures:

06---27---2014 UPR School of Law  
1L Boot Camp, hosted by Lcda. Azlyn García y Decana Adi  
Martínez  
Title: “Uso y abuso de sustancias controladas para estudiar”

## PUBLICATIONS

### Scientific Journal Publications

**Schenk C** (2014). Movement Disorders and Dementia (Review). Puerto Rican  
Journal of Neurosciences. Volume 9, Number  
1, 2014. *In Press*

**Schenk C**, Wuerz T, Lerner AJ (2013). Small vessel disease and memory loss: what the clinician  
needs to know to preserve patients' brain health. *Curr Cardiol Rep*. 2013 Dec;15(12):427.

García-Arrarás, J. E., **Schenk, C.**, Rodríguez-Ramírez, R., Torres, I., Valentín, G., & Candelaria, A.  
G. (2006). Spherulocytes in the echinoderm *Holothuria glaberrima* and their involvement in  
intestinal regeneration. *Developmental Dynamics: an Official Publication of the American  
Association of Anatomists*, 235(12), 3259–3267.

### Book Chapter Review

Aminof and Daroff (Eds), Elsevier 2014. ISBN-0123851572  
*Encyclopedia of the Neurological Sciences 2<sup>nd</sup> Edition* Manuscript  
1132. Cerebral Cortex: Architecture.

Associate Editor: Michael W. Deveraux, MD

Editor In Chief: Robert Daroff, MD

Co-Authors: Alan J. Lerner MD, Christian E. Schenk, MD.

### Conference and Poster Presentations

2013 – HMS Child Neurology 2013

October 30 - November 2, Boston, MA

2013 – American Neuropsychiatry Association (ANPA) Conference

April 3 – April 7. Boston, MA

2013 - 65<sup>th</sup> American Academy of Neurology Annual Meeting (AAN)

March 17-24. San Diego, CA

2012 - 64<sup>th</sup> American Academy of Neurology Annual Meeting (AAN)

April 21 – April 28. New Orleans, LA

2009 - 29<sup>th</sup> Annual Research and Education Forum UPR-RCM

**Increase CSF Hypocretin-1 Levels is Associated with HIV-Associated Neurocognitive Disorders**

Poster 65th AAN Annual Meeting  
March 21, 2013

Findings suggest that CSF hcr/ox levels may have a role in the presence and severity of HAND.

▶ 7 authors, including:



**Christian Schenk, MD**  
Neurology



Joyce Velez



**Wojna Valerie**  
Professor at University of Puerto Rico, M...



Raissa Menendez-Delmestre

**Adherence to AAN Guideline Recommendations That May Prolong Survival in ALS**

Poster 65th AAN Annual Meeting  
March 20, 2013

In the three years following publication of the guideline, the recommended interventions that may modestly extend life were not commonly used. Riluzole use is associated with younger age in men, Caucasian race, and use of private insurance or Medicare compared to Medicaid. Low levels of adherence may be due to the modesty of the benefit, patient preferences, lack of knowledge about the... more

4 authors



**Christian Schenk, MD**  
Neurology



Anil Jain



Wendy Edlund



Alan J Lerner

**Neuropsychological Performance and Biochemical Magnetic Resonance Spectroscopy**

Poster, 64th AAN Annual Meeting  
April 21, 2012

4 authors



**Christian Schenk, MD**  
Neurology



Gishlaine Alfonso, MD



Liza E. San Miguel Montes, PsyD



Brenda Deliz, MD

**Recurrent Transverse Myelitis in pregnancy and postpartum Neuromyelitis Optica: A Case Report**

Poster, 29th Annual Research and Education Forum UPR-RCM  
May 2009

2 authors

Peer-Review of a Scientific Paper

Journal: The Gerontologist; July 2012 – manuscript reviewed.  
Biomarkers sensitivity in the diagnosis of Alzheimer's Disease.  
Co-Reviewer: Peter Whitehouse MD PhD.

Workshops, Visiting Electives & Research Training Internships

October 2011 – **NRSP**

The Neurology Residents Scholar Program is an intensive 2-day course that addresses all clinical aspects of epilepsy, including the latest developments in diagnosis and treatment. Scottsdale, AZ. September 6-9, 2012

November 2007 - **MGH**

Neurology Visiting Elective  
Neurology Clinical Clerkship – Prof. Jeremy Schmahmann, MD  
Harvard Medical School  
Massachusetts General Hospital - Boston, MA

June-August 2005 – **NIH**

National Institutes of Health (NIH) - NIDCD, Building 10 - Bethesda, MD  
Language Processing in the Brain – MRI Study on Aphasia PI: Allen Braun M.D.

June-August 2003 - **NEMC**

Tufts Sackler School of Graduate Biomedical Sciences - Boston, MA  
Physiology and Molecular Biology – Basic Research on Melanocortin Systems PI: Jeffrey  
B. Tatro Ph.D.

Certifications

Diplomate of the American Board of Psychiatry and Neurology (ABPN)

September 2012

UCNS – Behavioral Neurology and Neuropsychiatry

Certification Eligible - November 2014

License	Details	Expires
Puerto Rico State Medical Lic	18243	July 2016
ORCPS – State Drug Lic Narcotics	DM 18-308-7	June 2015
DEA – Federal Drug Lic	FS 3303712	February 2015
CPR	CPR	July 2015
Colegiacion CMCPD		December 2015
NPI	1316184674	

Professional Societies

AAN	American Academy of Neurology
ANPA	American Neuropsychiatric Association
INS	International Neuropsychological Society
SBCN	Society for Behavioral and Cognitive Neurology
CNS	Child Neurology Society
TSA-USA	National Tourette Syndrome Association
CHADD	Children and Adults with Attention Deficit/Hyperactivity Disorder
ACRM	American Congress of Rehabilitation Medicine
SCR	The Society for Cognitive Rehabilitation

### Podcasts

Salud Hoy (1 hour podcast in Spanish for general audiences transmitted by Radio Saturdays at 12:00pm on Univision Radio WKAQ 580 sponsored by Hospital HIMA-San Pablo)

Topic:                      Fibromyalgia            - April 4, 2014  
                                  Mental Health            - January 4, 2014  
                                  Neuropsychiatry       - December 14, 2014

### Other Certifications

Amyvid Reader Certification – August 2012  
Botox Injection Workshop for Chronic Migraine – August 2011; June 2014;

### Hospital Affiliations

1. Hospital UPR Dr. Federico Trilla, Carolina, PR
2. HIMA San Pablo, Fajardo, PR
3. HIMA San Pablo, Humacao, PR
4. HIMA Health