



## SOCIEDAD DE MÉDICOS GRADUADOS ESCUELA DE MEDICINA, UNIVERSIDAD DE PUERTO RICO

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Edición 2

### Editores

Anthony D. Osterman Pla, MD '11  
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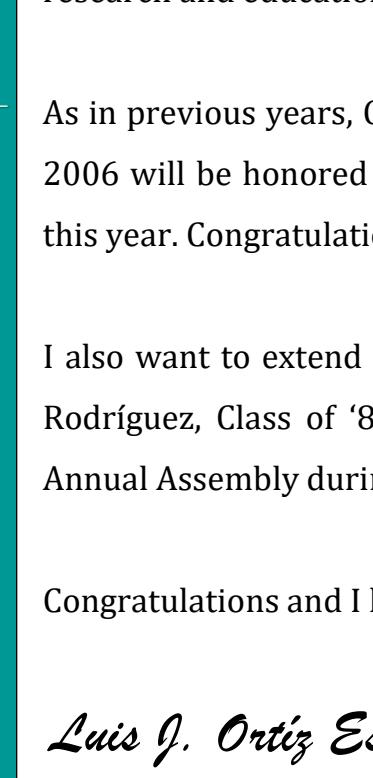
Ricardo J. Fernandez de Thomas, MS II

Clara Colón García-Moliner, MS II

William Marrero Ortiz, MS I

Rosilui Muñoz López  
Administradora

PO Box 190970  
San Juan, PR 00919-0970  
Tel:(787) 748-2525 ext 2038  
Fax:(787)753-2809  
Email: sgem.rcm@upr.edu



Greetings to all alumni, residents, students!

It has been a year of challenges, achievements and activities of which we can mention a few of the most outstanding such as, recruitment of new members, reactivation of the Informative Newsletter, welcoming the first year medical students, participation in the Jaime Benítez Gala, Match Day get-together, and the Resident Symposium "All you need to know before establishing a medical practice". We now finalize the year with the Annual Convention "A Potpourri of New Knowledge: From Women's Health to Kids and Grandpas and Some Things in Between" where the topics will be presented in a practical manner emphasizing on women's health. A great program will be offered organized by Dr. Rosa Ileana Cruz. Class '80, our Scientific Committee President.

We are proud to honor two distinguished physicians that represent the best of our school standards and qualities, Dr. Carmen Zorrilla, Class of '78 and Dr. Josefina Romaguera, Class of '80, who have contributed greatly to research and education on women's health.

As in previous years, Classes of 56, 61, 66, 71, 76, 81, 86, 91, 96, 2001 and 2006 will be honored and will be celebrating their anniversaries with us this year. Congratulations!

I also want to extend a great welcome to our new President, Dr. William Rodríguez, Class of '83, who will begin his journey as President in the Annual Assembly during the convention.

Congratulations and I hope to see you in our 57th annual meeting!

### Luis J. Ortiz Espinosa, MD

Class of 1986  
President,  
Sociedad Médicos Graduados  
Escuela Medicina UPR

### SCIENTIFIC PROGRAM

A POTPOURRI OF NEW KNOWLEDGE:  
FROM WOMEN'S HEALTH TO KIDS AND  
GRANDPAS AND SOME THINGS  
IN BETWEEN

### DAY 1

FRIDAY September 2nd, 2016

12:00PM - Registration

PLenary Session: PRESIDENT'S CHOICE  
Moderator: Luis J. Ortiz Espinosa, MD '86

1:00PM - The Supreme Council: Report 50 Years Later  
William Rodríguez, MD '83

1:30PM - Informed Consent: The Expert Witness  
Carles Portocarrero, MD '80

2:00PM - Health Disparities and their Determinants in Puerto Rico  
Enid García Rivero, MD, MPH '96

2:30PM - Recent Accomplishments for the Practice of Medicine in PR  
Vicente Ramón Otero, MD '98

3:00PM - Questions & Answers  
3:30PM - Break

Moderator: Juan M. Marques, MD '11

4:00PM - Plastic and Reconstructive Surgery:  
Experience in Puerto Rico  
Natalio Debs, MD '81

4:30PM - Indicators of Sexual Abuse in Children:  
Identifying the Red Flag  
Linda Latta, MD '91

5:00PM - Applied Food Science in the Prevention and Treatment of Disease  
Ana Neprón Gelabert, MD '73

5:30PM - ZIKA, Chikungunya and Other Emerging Viruses  
José Ramírez Vázquez, MD '80

6:00PM - Stem Cells 2016  
José R. Huertas Rebozo, MD '90

6:30PM - Questions & Answers  
7:00PM - 9:00pm Welcome Cocktail

### DAY 2 - SATURDAY September 3rd, 2016

7:30AM - Registration & Continental Breakfast

8:00AM - Opening Messages

Alumni President - Luis J. Ortiz Espinosa, MD '86

Chancellor MSC - Noel J. Ayvat, DMD

Dean of Medicine - Edgar Colón, MD '84

8:25AM - PLINARY SESSION I

Dedicated to Carmen Zorrilla, MD '78

Moderator: Juan Rivera, MD '84

HIV and Zika in Pregnancy: the Old and the New Issues

Carmen Zorrilla, MD '78

Is It Better or Worse? The Shades of Violence

Arda Lanza, MD '91

New Alternatives in Women's Sexual Health

Rosimar Torrealba, MD '99

10:05AM - PLINARY SESSION II

Dedicated to Josefina Romaguera, MD '80

Moderator: Rosa Ileana Cruz, MD '80

Everything you Need to Know about HPV

Josefina Romaguera, MD '80

ART Assisted Reproductive  
Technologies: a 40 year Review

Carlos Portocarrero, MD '89

12:25PM - Evaluation and Management of POS (Polycystic Ovarian Syndrome)

Jose R. Cruz Díaz, MD '93

Reproductive Endocrinology and the  
Perimenopausal Woman

Josefina Romaguera, MD '80

Questions & Answers

1:55PM - Lunch

2:35PM - PLINARY SESSION III

Moderator: Jonathan Villegas, MD '14

Oncofertility: Preservation after a  
Diagnosis of Cancer

Rosa Ileana Cruz Burgos, MD '80

Breast Reconstruction after Mastectomy

Carlos Portocarrero, MD '89

Heart Health in Women

Hilda Francisco, MD '04

How to Work with your Patients  
Lissette Jiménez, MD '86

4:55PM - Developing National Guidelines for the  
Screening and Treatment of Anal Neoplasia

Humberto M. Guiot, MD '01

5:55PM - Adjourn

### DAY 3 - SUNDAY September 4th, 2016

8:00AM - Registration & Continental Breakfast

PLENARY SESSION IV: END OF LIFE CARE

Moderator: Esther A. Torres, MD '72

Palliative Care and End of Life

Disorders and their Management

Maria Barrion Fernández, MD '06

New Trends in Alzheimer's Disease

Vanesa Sepúlveda, MD '93 UCC Residency UPR

Is this Elderly Patient Competent?

Vilma McCarthy, MD '95

10:00AM - Questions & Answers

10:30AM - Break

PLENARY SESSION V: A Bit of Surgery

Moderator: Pedro E. Vargas, MD '09

Deep Brain Stimulation for Parkinson's Disease

James Treadwell, MD '83

The Skeleton in the Hospital Closet

Pablo Rodriguez Ortiz, MD '03

Transoral Robotic Surgery (TORS): Current  
Management of Oropharyngeal Squamous  
Cell Carcinoma

Laureano Colino, MD '07

Technological advances for the treatment  
and beautification of the skin

Luis J. Ortiz Espinosa, MD '86

Questions & Answers

1:25PM - Lunch

2:25PM - ANNUAL ASSEMBLY

Adjourn

8:00PM - Social Activity

Accreditation

The "Programa de Educación Médica Continua" designates this educational  
activity for a maximum of 16 credit categories. The American  
Medical Association Physician Recognition Category (AMA-PRA) Category  
One credit is available for each hour of activity. The Accreditation Council  
for Continuing Medical Education (ACCME) through the joint sponsorship of the Instituto  
de Educación Médica Continua, the Instituto de Investigación Científica de Puerto Rico,  
and Advanced Medical Education Consultants\*, Instituto de Educación  
Médica Continua, institutions recognized by the ACCME (0006997), the  
American Board of Medical Specialties (ABMS), the American Board of  
Licensure and Discipline of Puerto Rico (008-OC-18-RD/M) to provide  
continuing medical education for physicians. Physicians should claim credits  
commensurate with the extent of their participation in the activity.

\*This program is subject to changes.

Ya faltan pocos días para nuestra convención 57 dedicada a las Dras. Josefina Romaguera y Carmen Zorrilla. Ven y comparte de un fin de semana de educación y confraternización. ¡Te esperamos!

### SOCIEDAD DE MÉDICOS GRADUADOS, ESCUELA DE MEDICINA, UPR

**Si cantaste "...vamos la playa calienta el sol"  
Si te enamoraste con la música de José José  
Y bailaste al ritmo de  
"You are a Lucky Star"**

### TE INVITAMOS A QUE SIGAS DISFRUTANDO DE ESTOS RECUERDOS EN LA

### LA FIESTA DE LAS DÉCADAS

DOMINGO, 4 DE SEPTIEMBRE DE 2016  
RESTAURANTE MARES, RITZ CARLTON ISLA VERDE  
8:00 PM

Costo: \$90 por persona  
\$170 por pareja

Para reservaciones:  
Rosilui Muñoz al 787-758-2525 ext. 2038

¿Sabía usted que SMGEM ha ofrecido sobre 80 becas estudiantiles que alcanzan una cantidad de 70 mil dólares en los últimos 10 años? Gracias al patrocinio de nuestros socios podemos ayudar a los estudiantes de nuestra Escuela de Medicina. ¡Muchas Gracias!

### Perspectiva del Estudiante

Ricardo J. Fernandez de Thomas

Un cordial saludo a todos nuestros lectores. Me llamo Ricardo J. Fernández-de Thomas y soy estudiante de tercer año de medicina del Recinto de Ciencias Médicas y miembro de la Junta de Directores de la Sociedad de Médicos Graduados de la Escuela de Medicina de la UPR, 2015-2016. Como estudiante, la experiencia de participar en la Sociedad ha sido una enriquecedora y de desarrollo personal y profesional. Particularmente en los tiempos de crisis e incertidumbre que nos encontramos, he podido ver cómo profesionales de la salud de Puerto Rico se preocupan por mantener, resaltar y revisar una cultura de agradecimiento para con su alma máter. En adición, parte de la misión de la Sociedad es promover la educación de vanguardia mediante una excelente Convención que ofrece a sus miembros, así como establecer lazos de colaboración entre diferentes generaciones de egresados y entre éstos estudiantes y residentes, lo cual es imprescindible para el crecimiento de nuestra Sociedad y Escuela. A todos los miembros actuales, los insto a que se continúen participando de nuestra Sociedad y sus actividades, y a los futuros miembros a que se integren y formen parte de esta gran familia.

### SMGEM al servicio de la comunidad

Feria de Salud y Clínicas Especializadas en la Fondita de Jesús

El 19 de agosto de 2016 la SMGEM llevo a cabo una Feria de Salud con clínicas de especialistas en la Fondita de Jesús. Contamos con médicos egresados de nuestra Escuela de Medicina especialistas en medicina interna, geriatría, infectología y dermatología. Durante la actividad, se le brindó evaluación médica y orientación a pacientes deambulantes y se les entregaron donativos con productos de primera necesidad. La actividad fue animada por el comediante Juan Manuel Lebrón. Nos llena de orgullo que nuestros egresados dedicaran su tiempo y conocimiento para ayudar a esta población tan necesitada.

La Junta de Directores 2015-2016 agradece el esfuerzo del Dr. Luis Ortiz Espinosa, MD '86; Dra. Ivonne Jiménez, MD '82; Dra. Michelle González, MD '9